

Control of Substances Hazardous to Health (CoSHH) 2 day course



Overview

Chemicals and other potentially hazardous substances present particular challenges to risk assessors because the harm they cause is not always obvious. Risk assessors must know where to find the information they need to assess these risks properly. They also need to know how to interpret that information and then how to use it to allow them and their managers to reduce the significant risks. Above all, risk assessors must know when the situation requires a specialist to assist with the process of identification, evaluation and control

This two-day training course consisting of theoretical discussion and practical exercises, explores the methods available to interpret the degree of risk arising from an organisation's use of substances. Models for managing risk from substances within the hierarchy of control are considered, including the selection, use and management of Local Exhaust Ventilation and Respiratory Protective Equipment.

The course is accredited and certificated by IOSH, the lead professional body for safety in Europe.

Aims

Following training, delegates will have a good working knowledge of the theory and practice of carrying out assessment techniques and control strategies, arising from the use of substances in their workplace, as required by the Control of Substances Hazardous to Health Regulations.

Learning objectives

On completion, delegates will have sufficient basic knowledge of the practice and theory of CoSHH Management to enable them to:

- Understand the supply requirements for Substances that are Hazardous to Health
- Carry out CoSHH assessments
- Select and implement effective risk reduction strategies
- Plan Local Exhaust Ventilation testing programmes
- Integrate Health Surveillance programmes within the assessment system
- Outline programmes for exposure monitoring
- Recognise when referral to a specialist may be required

Prerequisites

None, but delegates should have some knowledge of the range of substances that they may be required to assess. Delegates should bring with them some relevant safety data sheets.

Who should attend?

Any staff member involved in the health and safety risk management process where the significant risks may involve substances that are potentially hazardous to health.

Outline Programme - to be tailored to specific local requirements/key concerns

Day 1

- Introduction to Supplier requirements
- Introduction to CHIP, CLP & REACH
- Introduction to the CoSHH Regulations
- CoSHH Regulations in detail
- Other relevant legislation
- Applicable Codes of Practice and Guidance Notes
- An introduction to Toxicology
- Planning an assessment programme
- Identifying significant risks
- Planning the workplace CoSHH assessment

Day 2

- Completing the CoSHH Assessment exercise
- Implementing a Health Surveillance Programme
- Conducting Local Exhaust Ventilation examinations and tests
- Planning an Air Monitoring strategy
- Introducing a Modern CoSHH Management System