

Control of Substances Hazardous to Health (CoSHH) 2 day course



Overview

Chemicals and other potentially hazardous substances present particular challenges to risk assessors because the harm they cause is not always obvious. Risk assessors must know where to find the information they need to assess these risks properly. They also need to know how to interpret that information and then how to use it to allow them and their managers to reduce the significant risks. Above all, risk assessors must know when the situation requires a specialist to assist with the process of identification, evaluation and control

This two-day training course consisting of theoretical discussion and practical exercises, explores the methods available to interpret the degree of risk arising from an organisation's use of substances. Models for managing risk from substances within the hierarchy of control are considered, including the selection, use and management of Local Exhaust Ventilation and Respiratory Protective Equipment.

The course is accredited and certificated by IOSH, the lead professional body for safety in Europe.

Aims

Following training, delegates will have a good working knowledge of the theory and practice of carrying out assessment techniques and control strategies, arising from the use of substances in their workplace, as required by the Control of Substances Hazardous to Health Regulations.

Learning objectives

On completion, delegates will have sufficient basic knowledge of the practice and theory of CoSHH Management to enable them to:

- Understand the supply requirements for Substances that are Hazardous to Health
- Carry out CoSHH assessments
- Select and implement effective risk reduction strategies
- Plan Local Exhaust Ventilation testing programmes
- Integrate Health Surveillance programmes within the assessment system
- Outline programmes for exposure monitoring
- Recognise when referral to a specialist may be required

Prerequisites

None, but delegates should have some knowledge of the range of substances that they may be required to assess. Delegates should bring with them some relevant safety data sheets.

Who should attend?

Any staff member involved in the health and safety risk management process where the significant risks may involve substances that are potentially hazardous to health.

Outline Programme - to be tailored to specific local requirements/key concerns

Day 1

- Introduction to Supplier requirements
- Introduction to CHIP, CLP & REACH
- Introduction to the CoSHH Regulations
- CoSHH Regulations in detail
- Other relevant legislation
- Applicable Codes of Practice and Guidance Notes
- An introduction to Toxicology
- Planning an assessment programme
- Identifying significant risks
- Planning the workplace CoSHH assessment

Day 2

- Completing the CoSHH Assessment exercise
- Implementing a Health Surveillance Programme
- Conducting Local Exhaust Ventilation examinations and tests
- Planning an Air Monitoring strategy
- Introducing a Modern CoSHH Management System

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Course Registration Details

Registration, with tea and coffee, will begin at 09.15 on the first day of your course with a start time of 09.30. The course will continue until 17.00 on the first day.

The start time for the second day will be agreed within the classroom, based on delegate's requirements, with the course finishing no later than 16.30.

Upon entering the Holiday Inn Express Reception area a receptionist will guide you to the relevant training facility for the course. If, however, there is nobody present at reception for whatever reason, please follow the instructions that will be present in the reception area.

Finding the Venue

The course is held at the training facilities at Holiday Inn Express. The address and details for the building are:

Holiday Inn Express, Wheelwright Way, Pride Park, Derby DE24 8HX
Tel: 01332 388000

Travelling by Car:

The Holiday Inn Express is situated within Pride Park retail and office complex, which is approximately 7 miles from Junction 25 off the M1 Motorway.

Directions from M1 – Delegates should exit M1 at Junction 25 onto the A52 towards Derby. After approximately 6 miles, drive past the slip road signed A5111. Shortly after this turning is a turning off the dual carriageway for the Wyvern Centre.

Follow this road round behind Toys Are Us and at the roundabout take the 2nd exit marked 'Pride Park'. Follow Derwent Parade past the Derby County's football ground on your left crossing two more roundabouts signposted 'City Centre'. After the second you will pass Hunters Land Rover dealership on your left.

At the next roundabout, take the third exit, marked 'City Centre', Pride Parkway, passing the Geldards Law Firm and VW garage then Chiquitos restaurant on the left. The Holiday Inn Express is situated behind Chiquitos so at the next roundabout turn right and then right again into Wheelwright Way the Holiday Inn Express is on your right.

Car Parking:

There is an onsite car park that delegates can park in on the day. It is monitored by Parking Eye so please make sure that you put your car registration number into the computer pad at main reception area.

Travelling by Train:

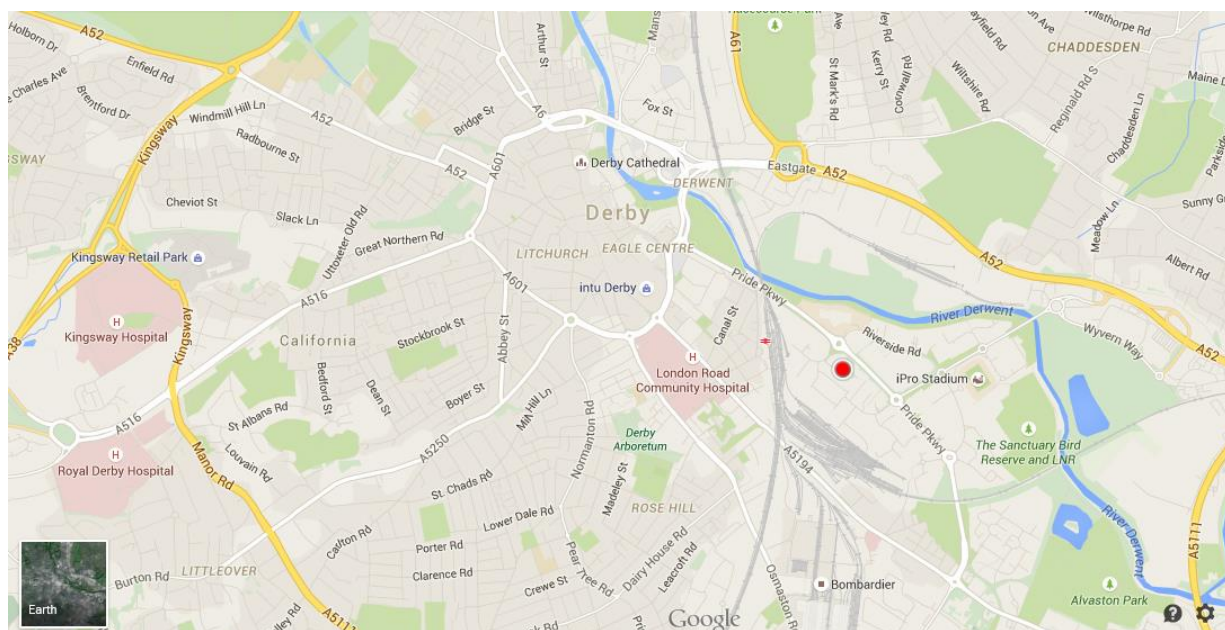
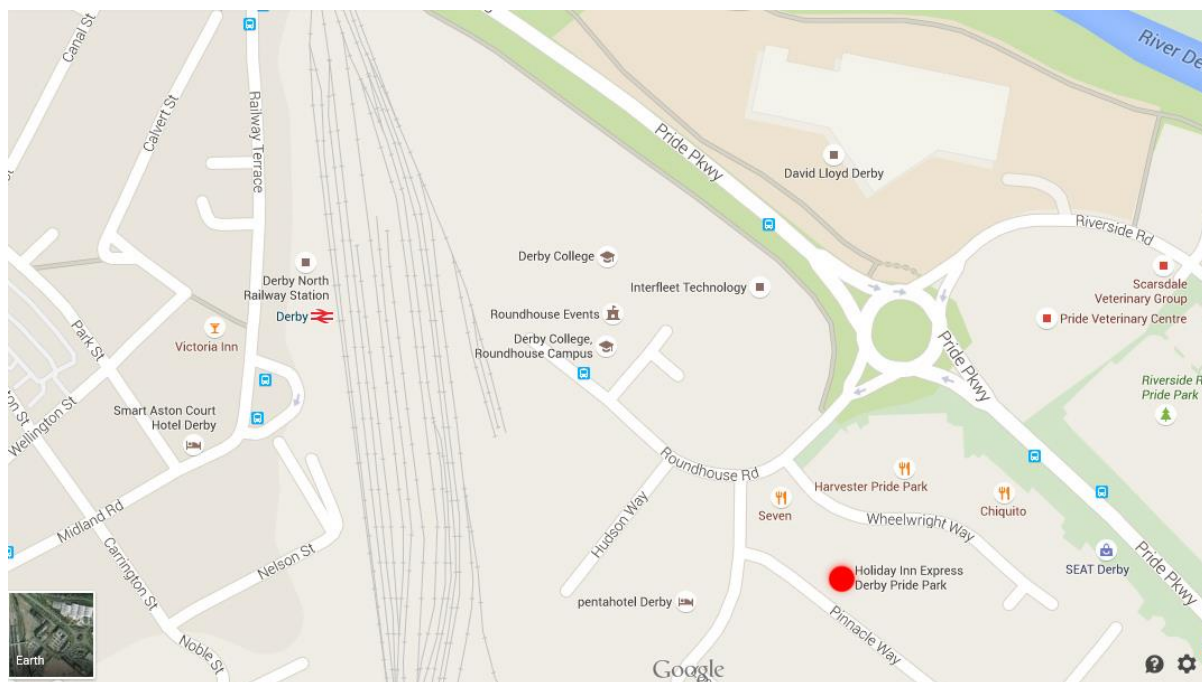
Derby train station has a regular service from a number of the large train organisations. It has many fast, often direct, routes from both the North and South of the country.

Derby train station is approximately 5 minutes walk away from the Holiday Inn Express if you exit the back of the station, north-east exit, and follow the road round until you come to Wheelwright Way on your right this is where the Holiday Inn Express is situated.

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Finding the Venue Continued

Address: Holiday Inn Express, Wheelwright Way, Pride Park, Derby DE24 8HX
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Hotels in Derby (In order of proximity to venue)

ONSITE

Holiday Inn Express
Wheelwright Way, Pride Park
Derby
DE24 8HX

Tel: 01332 388000
www.expressderby.co.uk

*Please refer to our course date and
title to receive a preferential rate*

SHORT DRIVING DISTANCE

Travelodge Hotel Pride Park
Prospect Place
Millenium Way
Pride Park
Derby
DE24 8HG

Tel: 0871 984 6434
www.travelodge.co.uk

Premier Inn Derby East
The Wyvern
Stanier Way
Derby
DE21 6EF

Tel: 0871 527 8292
www.premierinn.com

Queries or Questions?

If you have any other queries or questions, please contact Susie or Alex on 01332 691263.